

News update 19 July 2026

Following on from the weekend's tournament the following changes are to be made to the league;

Net Ninjas & Dirty Digs are promoted to the Premier

Hit Happens, Wellbeing Wolverines, Bidders Beauties & Gold Diggers are promoted to Division 1.

These are the final changes for 2026.

News update 18 July 2026

Annual Tournament:

Premier Cup: Lubbly Jubbly were triumphant beating Pip n Mix 23-18, Coaver Cabana and Big Dig Energy were losing semi-finalists.



Division 1 Cup: Diggers & Slappers took the glory, beating Gold diggers 25-21 in the final, avenging a 19-17 defeat to the diggers in the Pool. Wellbeing Wolverines came 3rd.

Division 2 Cup: Spike Myers won the Cup, beating Volleyboys of Doom by the narrowest of margins (33-32), avenging a 26-25 defeat to 'the doom' in the Pool. Casual Sets were 3rd.

Division 3 Cup: Empire Spikes Back won the Cup, beating Setting Ducks 28-22. Guild Goats were 3rd, narrowly beating The UNicorns 30-29.

News update 7th June 2026

The following teams have now been promoted to Division 1 effective from 11th June;

Serves you Right, Blockbusters & Netflix, Blocksuckers, Diggers & Slappers, The Volley Rodgers & Jellyfish Volleyball Club

The following teams will drop down to division 3;

The Fireballs, The Spankers & Ace Age

Further changes are likely during the course of the season to ensure that all teams get the opportunity to play at the correct level